

Children First Lunch Menu Week commencing 1st April 2019

Monday		
Spring green salad with watercress and cherry tomatoes	Traditional yummy pure beef lasagne	Beef CH
Tuesday		
Carrot, cucumber and pepper sticks	Japanese egg fried rice with diced carrots, spring onion and peas	Veg
Wednesday		
Lambs lettuce with pear	Tuna (MSC) cakes with a	Fish
cubes	tomato salsa. Served with sweet potato fries	Thailand
Thursday		
Celeriac soup	Moroccan style couscous with lentils, chickpeas and courgette. Garnished with pineapple cubes	Veg
Friday	· · ·	
Tomato and basil salad	Picnic sandwiches with a variety of fillings (goats cheese, English cheddar and gruyere)	Veg