



Children First Lunch Menu

Week commencing 6th March 2017

Monday		
Fresh crunchy green salad	Whole wheat pasta with tomato and lentil sauce and broccoli	Veg
Tuesday		
Roasted carrots in olive oil	Fresh mushroom risotto with parmesan cheese and peas	Veg
Wednesday		
Sweet potato soup	Spätzli with cheese and green beans	Veg
Thursday		
Cucumber salad with lemon juice dressing	Chicken breast with potato bites and corn	Meat (Brazil)
Friday		
Home-made hummus and toasted tortilla chips	Gnocchi in a butter and herb sauce served with zucchinis	Veg