



Children First Lunch Menu

Week commencing 27th November 2017

Monday		
Tomato salad with fresh chives from our herb garden	Tortellini with peas and creamy sauce	Veg
Tuesday		
Iceberg lettuce and apple salad	Bed of fluffy rice topped with home-made Bolognese sauce	Beef CH Bio
Wednesday		
Fresh pumpkin soup à la maison (Vera our chef's own recipe)	Red curry with lentils and beet root served with codfish and baguette	Fish Pacific MSC
Thursday		
Home-made hummus with whole wheat crackers	Couscous with pepper and courgette served with tomato sauce	Veg
Friday		
Broccoli soup	Home made Swiss Cheese Tart served with carrot salad	Veg