

CFA MENU February 8th 2016

Monday	,	
Carrot and cucumber batons	Penne pasta with red haricot beans and cherry tomatoes	Veg
Tuesday		
Organic Provencal vegetable soup	Vegetable spring rolls served with wild rice and tomato sauce	Veg
Wednesday		
Red and yellow pepper salad	Fish fingers served with new potatoes and sweet corn	Fish (Vietnam)
Thursday		
Cucumber salad	Squash risotto with sage, garlic and parmesan cheese	Veg
Friday		
Feta cheese and tomato salad	Spinach pockets with roasted potatoes and corn	Veg