Children First Association



MENU Week 13/07/2015

Monday		
Fresh green salad with French dressing	Mini-cubes of vegetables and mayonnaise served with chunks of Pangasius coated in batter	Fish (Swiss)
Tuesday		
Cherry tomato salad	Cheese and tomato pizza served with cucumber	Veg
Wednesday		
Carrot and sweet potato soup	Egg- fried rice with soya sauce served with a side dish of broccoli	Veg
Thursday		
Red pepper salad	Quorn sausages served with mashed potatoes and carrots	Veg
Friday		
Carrot and raisin salad	Ratatouille served with roasted potatoes	Veg